DEPARTMENT OF PUBLIC HEALTH

COUNTY OF SAN BERNARDINO



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FOR IMMEDIATE RELEASE

H1N1 Flu Vaccine Available in San Bernardino County on Saturday

SAN BERNARDINO – The 2009 H1N1 influenza vaccine will be distributed at three San Bernardino County Public Health Centers on Saturday, November 7th.

The three Public Health Centers listed below will be open from 10:00 a.m. to 2:00 p.m.:

- 799 East Rialto Avenue San Bernardino, CA
- 1647 East Holt Blvd Ontario, CA
- 16453 Bear Valley Road Hesperia, CA

The Department of Public Health will provide both the flu shot and the intranasal FluMist vaccine.

The <u>H1N1 vaccine flu shot</u> will <u>only</u> be available to the following priority groups, due to the limited supplies:

- Pregnant women,
- People who live with or care for infants younger than 6 months of age,
- Anyone from 6 months through 24 years of age,
- Anyone from 25 through 64 years of age with certain chronic medical conditions or a weakened immune system, and
- Health care and emergency medical personnel.

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The H1N1 intranasal FluMist vaccine is available to all healthy individuals ages 2 to 49.

NOTE: Children 9 years of age or younger should get two doses (30 days apart) for complete immunizations.

Both the H1N1 flu shot and the intranasal spray vaccines will be free of charge. The seasonal flu vaccine will not be available at any of clinics this Saturday. Some health care providers also have the H1N1 vaccine, so people are encouraged to check with their doctor's office.

For the most up-to-date information on H1N1 or seasonal influenza, visit the San Bernardino County Department of Public Health website at www.sbcounty.gov/dph, or call 1 (800) 782-4264. More useful resources are also available through the U.S. Department of Health and Human Services website at http://www.flu.gov/.

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